



WMEA St. Sergius University & Seminary
A COLLEGE FOR TRANSFORMATIONAL STUDIES AND LIVING ETHICS
A Division of the White Mountain Educational Association, Inc.

MEDITATION COURSE ENTRANCE QUESTIONNAIRE

1. State your full name. (Mr., Mrs., or Ms.) and address, including your e-mail address if possible.
(Please print this answer and underline your last name.)

2. Give the date and place of your birth.

3. What is your citizenship?
 - (a) Are you a native or naturalized?
 - (b) If naturalized, when and from what country did you come?
 - (c) What is your racial/ethnic background?
 - (d) What is the national background of your parents?

4. What is your occupation or profession?

5. What is your educational background? If academic, state colleges and degrees, if any.
If self-educated, along what lines? (If you need more paper use the reverse side)

6. Is English your first language? If not, what is? What languages do you know? How well?
7. Is your physical health good? Have you any physical limitations?
8. Is your emotional health good? Have you ever consulted a mental health professional? If yes, please describe the circumstances.
9. Have you ever been hospitalized for physical, or emotional/mental reasons? If yes, please describe the circumstances.
10. Why do you want to take this course(s)?
Deeply consider your motives before stating your reasons. (If you need more paper use the reverse side)
11. Have you ever been or are you now affiliated with any spiritual organization or esoteric school? Do you belong to any church?
12. Have you done any definite study along metaphysical lines?
13. Have you read any of the books of Agni Yoga, Alice Bailey, or Torkom Saraydarian? If so, which books have you read?
14. In what countries have you lived or traveled?
 - (a) Have you any racial prejudices?
 - (b) Have you any religious prejudices?
 - (c) Have you any ideological prejudices?(Remember, a prejudice can be either for or against.)

14. What first sparked your interest in the spiritual Path and the esoteric teachings?

15. Are there difficulties in your current circumstances or environment that may interfere with your spiritual studies?

16. What are the conditions in your life that offer you the greatest opportunity for spiritual growth?

17. Are you prepared to do the following things:
 - (a) Meditate regularly (according to the instructions) every day and report on it every month?
 - (b) Study regularly a minimum of 15 minutes every day?

18. What events do you regard as having been the most important in your life - in a spiritual sense?

19. Please state, if you can, your spiritual goal in life, your mental goal, and your physical goal?

20. What fears do you struggle with?

21. What do you consider to be your major fault(s) and your outstanding virtue(s)?

22. What do you understand by the word meditation? Please give a definition(s).

23. Have you ever meditated? In what way and with what results? Please be specific.

24. Have you ever had any supersensory, mystical or psychic experiences? What importance do you attach to them?
25. Do you now use or have you ever used any breathing exercises? If so, please describe.
26. Have you ever practiced any type of yoga? If so, please describe which type and for how long?
27. Have you ever used or do you now use any type of mind-altering substances, including alcohol? Please describe.
28. Do you believe in the Law of Rebirth (reincarnation)?
29. Please define what you understand by the word "service."
30. How do you plan to use the knowledge gained from your meditation course(s) in your life?
Do you plan to use it personally and/or professionally?

Dear Applicant,

In order to help us better help you, we suggest that you answer as many of the questions on the application form as is possible; the more thorough your answers the more helpful we can be to you throughout your meditation experience.

Once we receive your application, you will be assigned a meditation secretary who will serve as a mentor to you, answering your questions, encouraging you when you need it, and being a support factor to you as you travel this path of meditation.

Respectfully, WMEA Staff